

Find a blood center near you.  
[aabb.org/GiveBlood](http://aabb.org/GiveBlood)

Recruit your friends and diversify the blood supply.  
[MySleevesUp.com](http://MySleevesUp.com)

Learn more about sickle cell disease.  
[cdc.gov/ncbddd/sicklecell](http://cdc.gov/ncbddd/sicklecell)

Donating blood is safe.  
You CAN'T get a disease by  
giving blood.

**#DonateBlood**  
**#YouCanSaveLives**



There's not enough blood for  
people who need it. Sickle cell  
patients. Accident victims.  
They need your help.

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If you could save someone's  
life today...wouldn't you do it?

Please, donate blood.

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